

Implementation strategy 2021

This Implementation Strategy and Community Benefit analysis report summarizes Salina Regional Health Center's plans to address the prioritized needs from the 2018 Community Health Needs Assessment and evaluation of needs met. The hospital recognizes that the implementation strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier communities in Saline County and the surrounding area.

Saline County Community Prioritized Needs:

1. Depression/Mental Health
2. Obesity (Child and Adult)
3. Domestic Violence
4. Aging Population
5. Heart Disease Related Indicators
6. Cancer
7. Death Rate Due to Drug Poisoning
8. Immunizations
9. Stroke
10. Pregnancy Related Indicators
11. Trauma/Falls
12. Diabetes
13. Smoking, % of Adults Who Currently Smoke
14. Sexually Transmitted Disease Rate

Depression/Mental Health

Veridian Behavioral Health is a multi-disciplinary center offering dedicated quality mental health care. Veridian is part of the behavioral health department of Salina Regional Health Center.

As part of SRHC, we offer a full continuum of care for Central Kansas.

Many of Veridian's services are geared toward individuals and families who are struggling with common life problems such as depression, anxiety, marital problems, parent-child conflicts or grief and loss. Our services are provided in a convenient and comfortable, private office setting.

Veridian psychiatrists provide direct care in an office setting while actively serving in various settings, such as intensive outpatient care, inpatient care in Salina Regional Health Center and in nursing homes. SRHC will support Central Kansas Foundation in their efforts to provide a peer mentor at COMCARE, Saline County Health Department and Salina Family Healthcare Center to enhance provision of care to those battling addiction. Salina Regional Health Center has worked with Salina Regional Health Foundation to provide funding to organizations working to remove the stigma of depression and mental health, and provide counseling, therapy and treatment for individuals suffering from these health issues.

Obesity (Child and Adult)

Continue support and funding of the School Marathon program up to \$40,000 per year to the School Marathon Foundation to implement the school marathon program in Salina elementary schools. Salina Regional Health Center has worked with Salina Regional Health Foundation to continue its funding and maintenance for the Center Street Park. The park is designed for children of all abilities and disabilities. The inclusive playground area is multi-generational and includes a quarter mile walking/jogging path around the playground. In addition, various pieces of adult outdoor exercise equipment are located in and around the playground area.

The Salina Regional Health Foundation gave a grant of \$22,000 to Salina Education Foundation to sponsor a variety of programs and initiatives for the 2021-22 academic year including Power of One/Healthy Lifestyles, Sudden Opportunity Grants, Nurse Emergency Funds, Opportunity Now-Get Fit, Breakfast for Success, Heartland Weekend Meals, Early Childhood/Parent Involvement and Social Workers Fund.

Domestic Violence

Salina Regional recognizes DVACK as the experts in this area and supports DVACK in their efforts. DVACK provides free, voluntary and confidential services to victims of domestic violence, sexual assault, stalking, teen dating violence, elder abuse and human trafficking. The Salina Regional Health Foundation gave a grant of \$25,000 to Ashby House's 'Finish that House' campaign to complete a new shelter that will increase the organization's capacity to serve area homeless families and individual women. The Salina Regional Health Foundation gave a grant of \$20,000 to Salina Grace to open a low-barrier winter shelter for area homeless.

Aging Population

The Meds to Bed program: One of the main goals with Meds program is enhanced education on medication at discharge. A significant factor in the aging population is having staff to care for the population as we age. Because of this Salina Regional Health Center takes a very active role in several area nursing schools. The Salina Regional Health Foundation gave a grant to the Kansas University School of Nursing in the amount of \$178,773 and a grant of \$10,000 to Salina AM Chapter of AMBUCS to purchase building materials to construct ramps at area homes for those with wheelchairs and disabilities.

Heart Disease Related Indicators

The American College of Cardiology has awarded Salina Regional Health Center with Chest Pain Center with Primary PCI Accreditation after a rigorous onsite evaluation. The accreditation validates the staff's ability to evaluate, diagnose and treat patients who may be experiencing a heart attack. Striving for this national accreditation demonstrates Salina Regional Health Center's commitment to always being ready to treat patients with heart attacks. It shows that we have the advanced skills to provide effective chest pain care. It is possible many of our heart attack patients might be treated without emergency surgery with a procedure called percutaneous coronary intervention (PCI). The Salina Regional Health Foundation gave a grant of \$25,000 to American Red Cross Blood Services to help purchase a new van used throughout the region to transfer blood donations for processing, testing and storage.

Cancer

Our comprehensive cancer program holds the prestigious cancer program approval by the American College of Surgeons Commission on Cancer and the American College of Radiation Oncology. In addition, the Tammy Walker Cancer Center is affiliated with the renowned Midwest Cancer Alliance, increasing access to the latest cancer treatment discoveries through a wide variety of clinical research studies. SRHC maintains cancer services including Oncology and Radiation Oncology. Support services include Nutrition Counseling, Appearance Center, Spiritual support, and Cancer Registry. The Tammy Walker Cancer Center had several Cancer screening events throughout the year (Prostate, Skin, Breast and Colon). Some of these were more difficult due to the pandemic but mail in and drop off labs were provided for colon cancer screening making it much more effective and safe. The Salina Regional Health Foundation gave a grant of \$5,000 to Rolling Hills Zoo for Dream Night – a free evening at the zoo for area children with terminal or chronic illness or disabilities and their families.

Death Rate Due to Drug Poisoning

SRHC will support Central Kansas Foundation in their efforts to provide a peer mentor at COMCARE, Saline County Health Department and Salina Family Healthcare Center to enhance provision of care to those battling addiction.

Immunizations

Tammy Walker Cancer Center focuses on HPV vaccinations. Saline County Health Dept. is focused heavily on immunizations. Immunization rates are much better as the reduction in rates was a national trend as well, with some high profile anti immunization campaigns which seem to have lessened.

Stroke

Continue exceptional stroke care and maintain our designation as a Primary Stroke Center.

A dedicated stroke response team is called to the Emergency Department whenever stroke is suspected. Members of the team include emergency room physicians, nurses, radiology staff, pharmacists and lab personnel who all have received specialized training to provide stroke care. The stroke team can be activated from the field by emergency responders to ensure that the team is ready to receive and treat the patient the moment they arrive at Salina Regional Health Center.

Public education also is key to improving stroke outcomes. As an initiative to educate the public on stroke recognition and how to respond, the acronym FAST is often used: Facial drooping, Arm weakness, Speech difficulties and Time to call emergency services. Salina Regional has distributed educational cards in the past and plans to continue educating the public on stroke recognition.

Pregnancy Related Indicators

Continue the "Becoming a Mom Program" which is a joint effort between SRHC and the Saline County Health Department. The Birth Center at Salina Regional Health Center has been named one of Kansas' "Best of the Best in Metabolic and Newborn Screening." Salina Regional was one of 12 facilities across the state to receive the "Best of the Best" designation.