



Salina Regional Health Center

This Implementation Strategy report summarizes Salina Regional Health Center's plans to address the prioritized needs from the 2018 Community Health Needs Assessment. The hospital recognizes that the implementation strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier communities in Saline County and the surrounding area.

Saline County Community Prioritized Needs:

1. Depression/Mental Health
2. Obesity (Child and Adult)
3. Domestic Violence
4. Aging Population
5. Heart Disease Related Indicators
6. Cancer
7. Death Rate Due to Drug Poisoning
8. Immunizations
9. Stroke
10. Pregnancy Related Indicators
11. Trauma/Falls
12. Diabetes
13. Smoking, % of Adults Who Currently Smoke
14. Sexually Transmitted Disease Rate

Depression/Mental Health

Veridian Behavioral Health is a multi-disciplinary center offering dedicated quality mental health care. Veridian is part of the behavioral health department of Salina Regional Health Center.

As part of SRHC, we offer a full continuum of care for Central Kansas.

Many of Veridian's services are geared toward individuals and families who are struggling with common life problems such as depression, anxiety, marital problems, parent-child conflicts or grief and loss. Our services are provided in a convenient and comfortable, private office setting.

Veridian psychiatrists provide direct care in an office setting while actively serving in various settings, such as intensive outpatient care, inpatient care in Salina Regional Health Center and in nursing homes.

SRHC will support Central Kansas Foundation in their efforts to recruit a physician/addictionologist.

Obesity (Child and Adult)

Continue support and funding of the School Marathon program.

Salina Regional Health Foundation is having a fundraising campaign for the Center Street Park. The park will be designed for children of all abilities and disabilities. The inclusive playground area will be multi-generational and will include a quarter mile walking/jogging path around the playground. In addition, various pieces of adult outdoor exercise equipment will be located in and around the playground area.

Aging Population

The Meds to Bed program: One of the main goals with Meds program is enhanced education on medication at discharge.

The SRHC Rehab will educate the community thru a series of talks and workshops throughout the aging community on Fall Prevention. Falls among the elderly will be the primary topic of SRHC for the 2019 Sunflower Fair which is a health and wellness event for individuals with disabilities, seniors, and caregivers. The fair will also include the SRHC rehab dept. doing fall risk assessments for participants and two breakout sessions on fall prevention and fall injury recovery. SRHC will also be the major sponsor of the entire Sunflower fair (Senior Fair).

Heart Disease Related Indicators

Salina Regional Health Center has started the accreditation process from the American College of Cardiology (ACC) to become an Accredited Chest Pain Center with Percutaneous Coronary Intervention (PCI). Striving for this national accreditation demonstrates Salina Regional Health Center's commitment to always being ready to treat patients with heart attack. It shows that we have the advanced skills to provide effective chest pain care. It is possible many of our heart attack patients might be treated without emergency surgery with a procedure called percutaneous coronary intervention, (PCI).

The Chest Pain Center will participate in the 2019 Sunflower Fair.

Cancer

Our comprehensive cancer program holds the prestigious cancer program approval by the American College of Surgeons Commission on Cancer and the American College of Radiation Oncology. In addition, the Tammy Walker Cancer Center is affiliated with the renowned Midwest Cancer Alliance, increasing access to the latest cancer treatment discoveries through a wide variety of clinical research studies.

Maintain cancer services including, Oncology and Radiation Oncology. Support services include Nutrition Counseling, Appearance Center, Spiritual support, and Cancer Registry.

The Tammy Walker Cancer Center will have several Cancer screening events throughout the year (Prostate, Skin, Breast and Colon).

Death Rate Due to Drug Poisoning

SRHC will support Central Kansas Foundation in their efforts to recruit a physician/addictionologist.

Stroke

Continue exceptional stroke care and maintain our designation as a Primary Stroke Center.

A dedicated stroke response team is called to the Emergency Department whenever stroke is suspected. Members of the team include emergency room physicians, nurses, radiology staff, pharmacists and lab personnel who all have received specialized training to provide stroke care. The stroke team can be activated from the field by emergency responders to ensure that the team is ready to receive and treat the patient the moment they arrive at Salina Regional Health Center.

A significant portion of the Primary Stroke Center Certification revolves around staff education and performance improvement. All response efforts are closely tracked, analyzed and reviewed to create a culture of performance improvement.

Public education also is key to improving stroke outcomes. As an initiative to educate the public on stroke recognition and how to respond, the acronym FAST is often used: Facial drooping, Arm weakness, Speech difficulties and Time to call emergency services. Salina Regional has distributed educational cards in the past and plans to continue educating the public on stroke recognition.

SRHC will participate in the 2019 Sunflower Fair promoting stroke warning signs.

Pregnancy Related Indicators

Continue the “Becoming a Mom Program” which is a joint effort between SRHC and the Saline County Health Department.

Trauma/Falls

Salina Regional Health Center is a Level III Trauma Center, providing specialized care for patients with serious or life-threatening injuries. Our state-of-the-art facilities include a 26-bed Emergency Department with four trauma/cardiac event suites, 18-bed Intensive Care Unit and eight operating rooms.

Trauma patients are brought to Salina Regional Health Center by ground and air ambulances from across north central Kansas.

Our American College of Surgeons verified Level III trauma center offers 24-hour coverage by a designated trauma team. The core team is made up of a trauma surgeon and an emergency department physician; ICU, surgical and emergency department nurses; and staff from radiology, laboratory, blood bank, respiratory care, security and chaplaincy.

The SRHC Rehabilitation Department will educate the community thru a series of talks and workshops throughout the community. Falls among the elderly will be the primary topic of SRHC for the 2019 Sunflower Fair which is the heartland's premier annual health and wellness event for individuals with disabilities, seniors, and caregivers. The fair will also include the SRHC rehab dept. doing fall risk assessments for participants. SRHC will also be the major sponsor of the entire Sunflower fair (Senior Fair).

Salina Regional Health Center plays an integral role in the region and statewide trauma councils.

Work with Concordia in their efforts toward a Level IV Trauma Center designation.

Diabetes

The new Salina Regional Endocrinology Clinic is led by board-certified endocrinologist Dr. Richard Gomendoza. Dr. Gomendoza is board certified in Internal Medicine/Endocrinology.

Continue the diabetes support group program with Pharmacy, Dietary, and Organizational Development.

Smoking, Percentage of Adults Who Currently Smoke

Continue with smoking cessation classes.